

PARA CLASSIFICATIONS CLASSES:

PR1 - Arms & Shoulders (AS) – This category is for rowers who have minimal to no trunk function (i.e. Shoulder function only). An AS class rower is able to apply force predominantly using the arms and/or shoulders. These athletes will likely also have poor sitting balance. In addition, these athletes are not able to use the sliding seat to transfer their power to the ergometer because of significantly weakened function or mobility of the lower limbs. Eligible rowers may typically have but are not limited to Cerebral Palsy – affecting both leg and trunk function, or neurological impairment with a complete lesion at T12 level or an incomplete lesion at T10 level.

PR2 - Trunk & Arms (TA) – This category is for rowers who have functional use of the trunk and who are not able to use the sliding seat to transfer their power to the ergometer because of significantly weakened function or mobility of the lower limbs. Examples for this class would be bilateral around knee amputation, or significantly impaired quadriceps, or neurological impairment equivalent to a complete lesion at L3 level, or an incomplete lesion at L1.

PR3(ID) - Leg, Trunk & Arms (ID) – Intellectually Disabled - This category is for rowers who have functional use of their leg(s), trunk and arm(s) for rowing and who can utilize the sliding seat. These athletes have tested 75% or less for intellectual quotient.

PR3(VI) - Leg, Trunk & Arms (VI) – Visually Impaired – This category is for rowers who have functional use of their leg(s), trunk and arm(s) for rowing and who can utilize the sliding seat. In addition, these athletes have permanently impaired vision. These athletes have reduced or no vision. Maximum vision of 10% of normal in best eye with best correction from visual acuity above 02/60 up to visual acuity of 06/60 and or field of vision between 5% and 20%.

PR3(AK) - Leg, Trunk & Arms (AK) – Above or Around the Knee Single Leg Amputee - This category is for rowers who have functional use of one leg, their trunk and arm(s) and can utilize the sliding seat. Leg, Trunk & Arms (AK) rowers must row without the use of a prosthetic on a standard sliding erg seat. If they prefer to use their prosthetic they should enter the LTA-(PD) sport category.

PR3(PD) - Leg, Trunk & Arms (PD) – Physically Disabled - This category is for rowers who have functional use of their leg(s), trunk and arm(s) for rowing and who can utilize the sliding seat. Eligible rowers in this sport category include single leg below the knee amputees, arm and hand amputees where both upper limbs have connection to the erg handle via adaptations), up to three missing fingers on one hand, neurological impairment equivalent to incomplete S1 spinal cord injury, Cerebral Palsy, trans metatarsal amputation of the foot.

PR3(SA) - Leg, Trunk & Arms (SA) – With Single Arm - This category is for LTA rowers only able to row with a single arm connection to the ergometer handle. These athletes have similar disabilities to the Leg Trunk & Arms, Physically Disabled Sport Category, however they also have a permanent condition that allows for only one arm, partial or complete, with or without use of a prosthetic device on that same single arm, to have connection with a standard or modified ergometer handle. These athletes may have an amputation or loss of function to one arm, allowing them to pull the erg handle with the remaining partial or fully functional arm.