

NEW! Choose your challenge and set your New Year's Resolution.



VIRTUAL TEAM challenge JANUARY

Team members row, ski or ride as many meters as they can.



TOUR DE SKIERG

challenge FEBRUARY 1-28

A different SkiErg event each week.



MILITARY

challenge FEBRUARY 1-28

Select your military affiliation and row, ski or ride as many meters as you can.



VALENTINE

FEBRUARY 9-14

Row, ski or ride 14.000 meters.



MUD SEASON MADNESS

challenge MARCH 1-31

Row, ski or ride 5000 meters or 10,000 meters per day (2500 for kids and adaptive athletes) for 25 days or more.



WORLD ROWING INDOOR SPRINTS

MARCH 7-11

A worldwide virtual 1000 meter race on the indoor rower.



WORLD ERG

challenge MARCH 15-

Team members row, ski or ride as many meters as they can.



MARATHON & CENTURY

challenge

MAY 1-15

Row or ski a half (21,097 meters) or full (42,195 meters) marathon. Ride a half (50K) or full (100k) century ride.



SUMMER SOLSTICE

challenge JUNE 21

Row, ski or ride 21,000 meters in one day.



AUGUST 1-28

A different total distance goal each week for a total of 100,000 meters (50,000 for kids and adaptive athletes). On water and on snow meters allowed.



FALL TEAM

SEPTEMBER 15-

Team members row, ski or ride as many meters as possible.



SKELETON CREW

challenge OCTOBER 25-31

Row, ski or ride 31,000 meters (10,000 for kids and adaptive



SKIERG *SPRINTS*

NOVEMBER 8-11

A worldwide virtual 1000 meter race on the SkiErg.



HOLIDAY challenge

/OVEMBER 22-December 24

Row, ski or ride at least 100,000 or 200,000 meters (50,000 for kids and adaptive athletes).



Concept 2_®

Participate by logging your meters in the free Online Logbook at **concept2.com/logbook**. There are prizes and/or certificates of achievement to be earned for all challenges!

NOTE: BikeErg meters are counted as half when applied to challenges.

ADDITIONAL CHALLENGES ALL YEAR LONG:

Annual Meters Honor Boards Million Meter Clubs Team Million Meter Club Individual Marathon Kids' Distance Clubs Occasional Surprise Challenges





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